

**Sermon Notes**  
**“Self-care: Walk Up The Mountain”**  
**Nov 19, 2023**

➤ **The Danger of ‘Great’ Things**

**The long awaited... (Gen 12:1-3; 21:1-7)**

**Idolatry of the ‘first born’ (22:1-2)**

➤ **Ascend the Mountain**

**Experience God’s character (22:3-5)**

**Receive His ‘beloved Son (22:6-14; Rom 8:32)**

➤ **Come to the table...**

**...leave your idols behind**

**Everything *you* every wanted (22:15)**

God wants: \_\_\_\_\_  
\_\_\_\_\_

Therefore, I want: \_\_\_\_\_  
\_\_\_\_\_

**Discussion Questions**

These questions are only a guide. Feel free to share how God has spoken to you, what areas you question &/or do not understand. Allow the Holy Spirit to guide your discussion.

Name 3 things that, if you lost them, might cause life to fall a part?

\_\_\_\_\_

We all have ‘good/great’ things that have become ‘ultimate’. How do you think they got to this place of priority. What have they come to mean to you? How do you find your identity (who you are) in them?

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When you hear the challenge to give them up and choose Christ first, what is your immediate reaction? How is that a reflection of who you believe God is? What words would you use to *honestly* describe God?

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Through Jesus, God has revealed Himself to be holy & just, and loving & gracious. What aspects of these characteristics do you struggle with? Have yet to experience? Is that what is holding you back?

\_\_\_\_\_

Jesus climbed the hill of calvary to be our ‘first born’ sacrifice. This indescribable gift inspires us to lay down our enslaving idols and receive the life we were created for. Is that something you are truly willing to do? What idols are still enticing, yet enslaving you?

\_\_\_\_\_

We have received freedom from slavery to be a blessing to the world. What part of the great commission (Mt 28:18-20, Acts 1:8) do you still struggle with? Have yet to fully engage in? What is your next step?

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**Action Step**

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\_\_\_\_\_

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