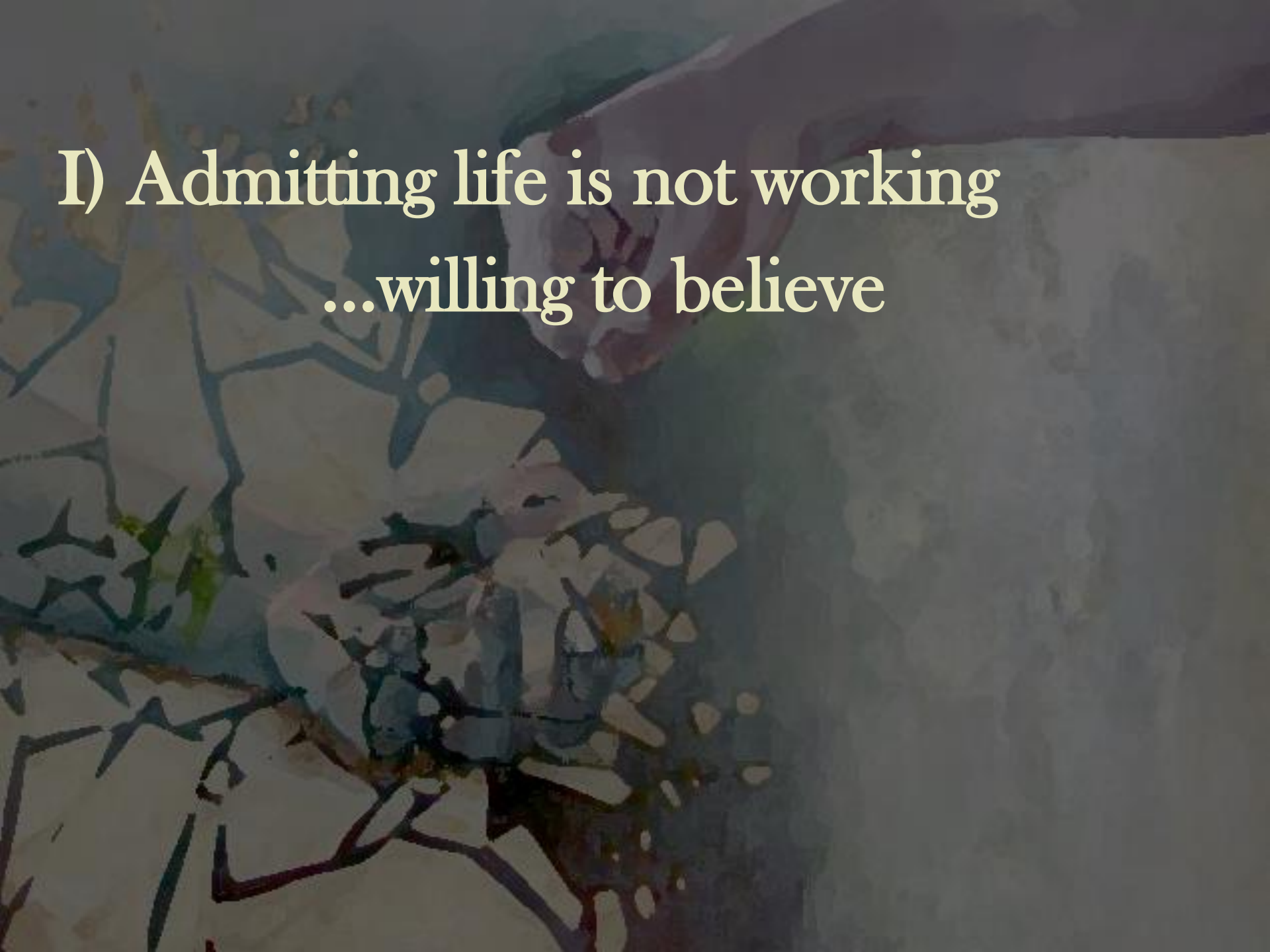
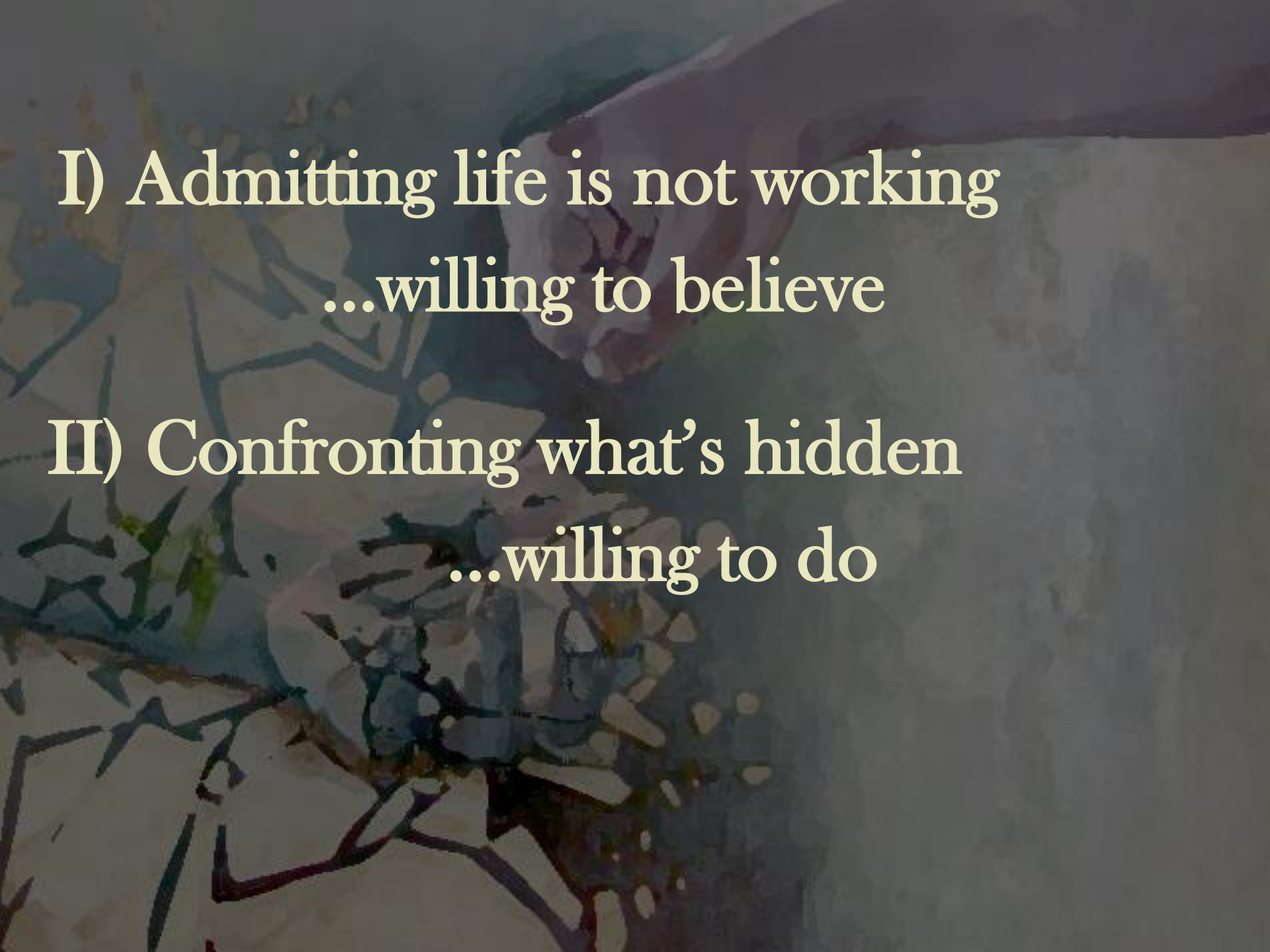




*From
Brokenness
To
Freedom*

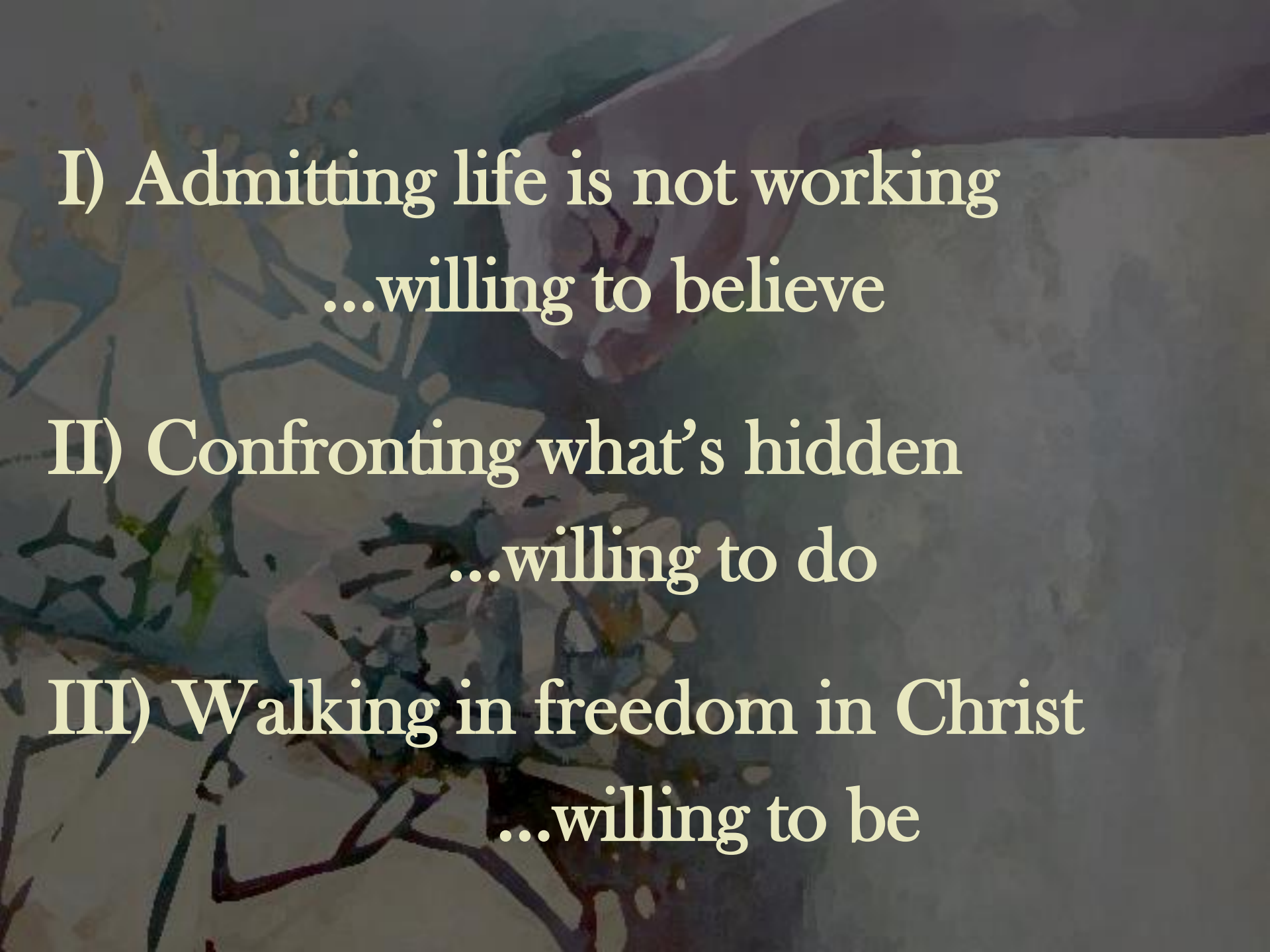
A close-up photograph of a hand holding a small, light-colored flower. The hand is positioned at the top of the frame, with fingers gently gripping the stem of the flower. The flower is small and has a pale, almost white color with some subtle pinkish or reddish tones. The background is a textured surface with a pattern of dark, irregular shapes, possibly a piece of fabric or paper with a floral or abstract design. The overall lighting is soft and somewhat dim, creating a contemplative and intimate atmosphere.

I) Admitting life is not working
...willing to believe

A close-up photograph of a hand holding a small, light-colored flower against a background of green foliage. The hand is positioned at the top right, with fingers gently gripping the stem of the flower. The flower is small and delicate, with a pale pink or white hue. The background is filled with various shades of green, suggesting a dense garden or forest setting. The overall lighting is soft and natural, highlighting the textures of the skin, the petals, and the leaves.

I) Admitting life is not working
...willing to believe

II) Confronting what's hidden
...willing to do

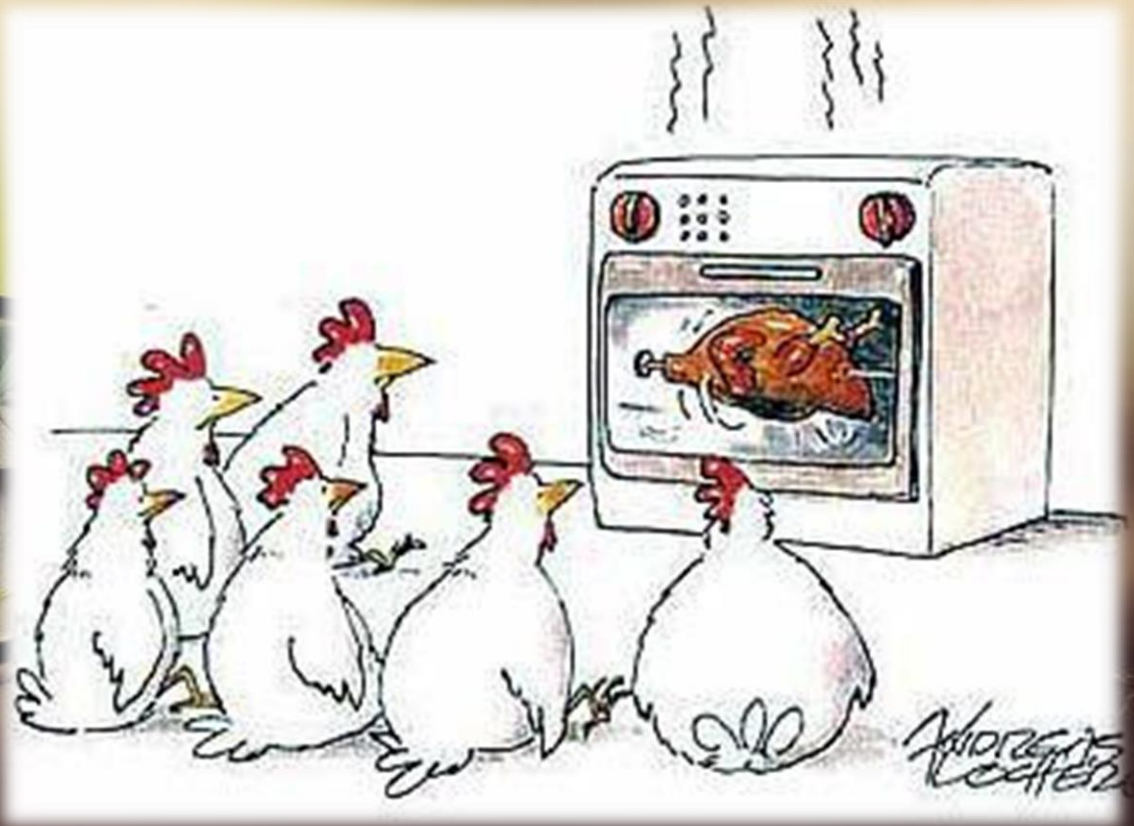


I) Admitting life is not working
...willing to believe

II) Confronting what's hidden
...willing to do

III) Walking in freedom in Christ
...willing to be

Facing Reality



Facing Reality

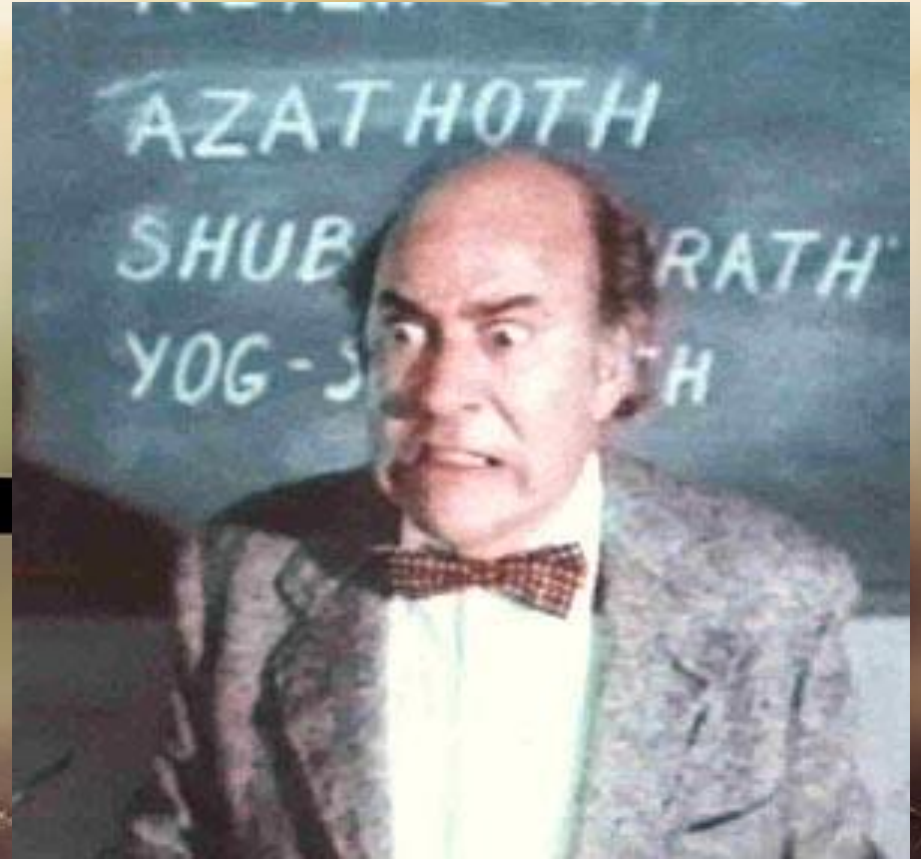
Get real with your

emotional realities



“...nothing good lives in me...in my sinful nature...I have the desire to do what is good, but I cannot carry it out.” (Rom 7:18)

Life Hurts



Life Hurts



Life Hurts

**Unresolved hurt
accumulates**



Life Hurts

**Unresolved hurt
accumulates**

Time heals nothing



Hurt compromises life



Hurt compromises life

All deal with pain



Facing Reality

Get real yourself



Facing Reality

Get real yourself



1) Medicate

Facing Reality

Get real yourself



2) Motivate

Facing Reality

Get real yourself



3) Meditate

Facing Reality



Facing Reality

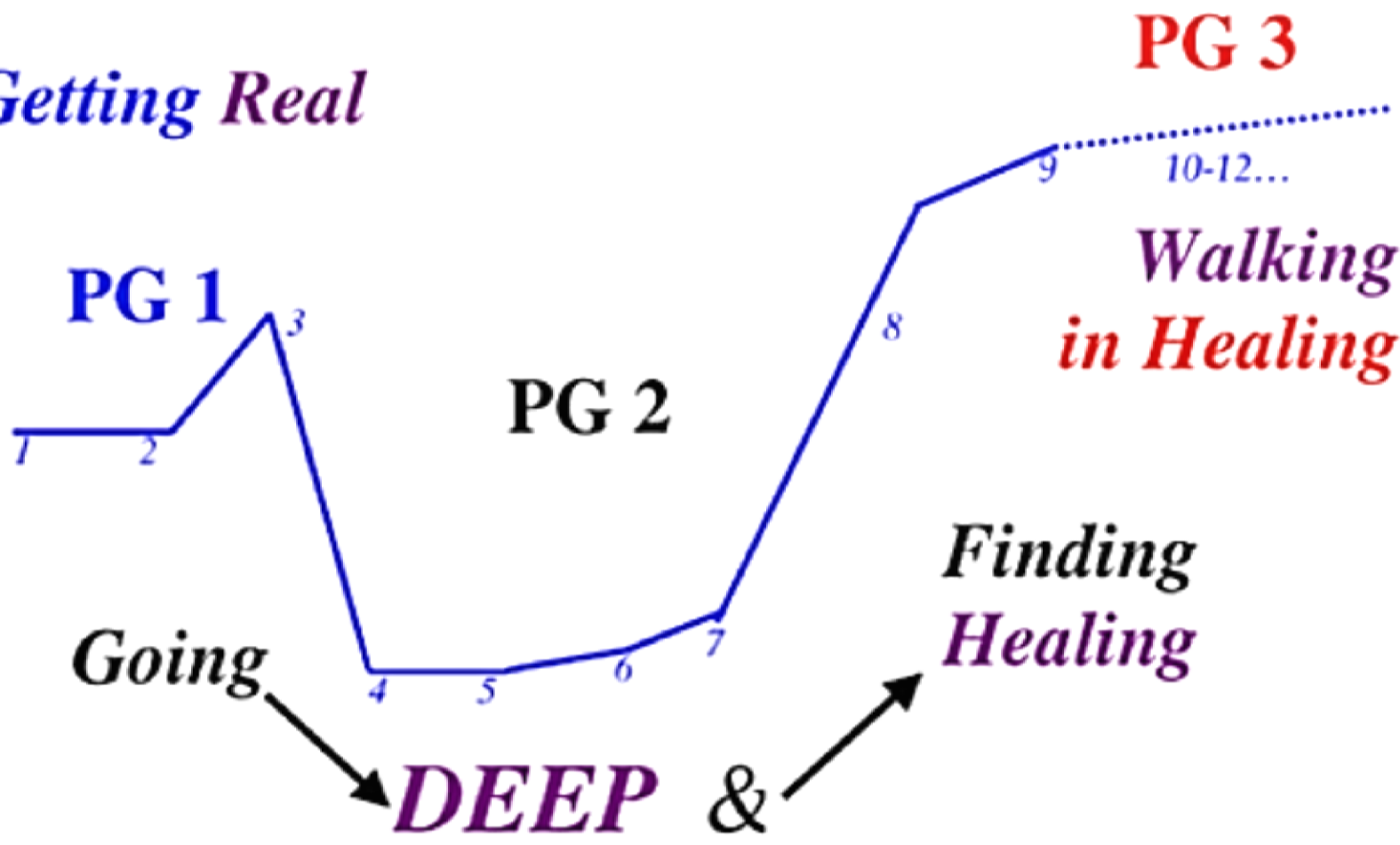
Get real with God



“A bruise reed he will not break, and a smoldering wick he will not snuff out...”

(Mt 12:20)

Getting Real



PG 1

PG 2

PG 3

Going

DEEP &

*Finding
Healing*

*Walking
in Healing*

10-12...

Believe only Jesus “saves”

“Set free...

...deliver...

...make whole”



Believe only Jesus “saves”

Believe Jesus “saves”

through community



Acknowledge:

Pain exists

Pain is being managed

Pain may be winning

